

Listening Strategies for Optimal Learning

- Your child should wear their device during all waking hours. Research shows that at least 10 hours a day is optimal. Eyes open=devices on 😊
- Each morning check your child's audibility by doing a LING check with each device separately and then together. You can use this [video](#) to help you.
- Create a "friendly listening space" for your child to listen optimally.
 - Keep background noise (i.e. TV, radio, etc.) to a minimum so your child can hear the most important thing: YOU!
 - Best acoustics are in small, quiet rooms, with minimal distractions. This might be especially important to remember during teletherapy or virtual learning.
- Use the videos on cid.edu/parent page under quick tips to help you troubleshoot OR to help your child's other caregivers become more comfortable with hearing devices.
- Remember, audiology is just a phone call or e-mail away. 314.977.0104 or AudiologyDept@cid.edu
Call or email with any questions, concerns, or problems.